



Fall 2020

Hello Otter Families!

We are Kathy Johnson and Sarah Lichtenberger and we are the Future Ready specialists at CRES. Kathy is a full-time Future Ready Specialist and works with all grades levels K-5 and Sarah Lichtenberger is half-time and focuses primarily on K-1.

The lessons taught in Future Ready Foundations class largely focus on social emotional learning in addition to Future Ready Skills.

*Social-emotional learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions. Research demonstrates that students who receive support for social and emotional learning in schools do better academically, socially and behaviorally. Social-emotional learning has also been shown to positively impact economic mobility and mental health outcomes. Developing these skills in our students is an important part of meeting the needs of the whole child.*

**-CASEL (Collaborative for Academic Social and Emotional Learning)**

For more information about Future Ready Skills, visit:

<https://sites.google.com/tahomasd.us/futurereadyskills/information-for-parents?authuser=0>.

These skills are fundamental to all learning and have long been implemented by Tahoma teachers. The lessons in Future Ready Foundations complement and enhance classroom lessons and allow students opportunities to apply the skills and deepen their learning.

K-2 students will be using SeeSaw to access lessons and 3-5 students will access their lessons using Google classroom. More information to come!

We look forward to working with our returning students and meeting our new CRES kids.

Any questions please feel free to email us at [KJohnson@TahomaSD.US](mailto:KJohnson@TahomaSD.US) or [Slichten@TahomaSD.US](mailto:Slichten@TahomaSD.US)

Thanks so much!

Kathy Johnson and Sarah Lichtenberger